

# UTAH

March 11-16, 2025

*Red Mountain Spa*



[www.yougogirlstravel.com](http://www.yougogirlstravel.com)





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*feed your body and soul*

**Our Happy Place lives to see another year.**

**The sale of Red Mountain is complete. Thankfully, all systems are “go” to retain its current iteration for another year. The same stunning vistas, supportive fitness staff, delicious food, and professional spa providers anxiously await your arrival.**



**Your body restoration and soul renewal may continue. For some that is basking in comfort and relaxation. Others stretch their minds to learn new skills or challenge themselves to new behaviors. Some enjoy the physicality of exercising their muscles with unique activities. New friendships are forged, and old ones are honored with the gift of time spent together. We linger over dinners that take hours, nourishing ourselves with the creative preparations from the kitchen.**

**Everything takes place beneath those soaring red cliffs and haunting rock formations that assume identities of their own. The dry desert of the Mojave bakes any cares away in a blink of a roadrunner's eye.**

**Let Red Mountain become your tradition and your haven. Consider it a well-deserved gift to yourself.**



# Features

- 5 nights accommodations
- 3 delicious healthy meals per daily (including arrival dinner and departure breakfast and lunch)
- Private group welcome reception
- 4 days Unlimited Fitness Classes
- Personal Discovery Activities
- Healthy Lifestyle Classes
- Guided morning hikes
- Use of Resort Amenities including Pools, Bicycles,
- Walking Trails, Strength & Cardio Studios
- Free wi-fi
- Gratuities for guides, housekeeping, bellmen, dining staff, and included activity staff.
- Free airport transfer from St. George airport



# TAKING BOOKINGS NOW - LIMITED SPACES

**March 11-16, 2025**

**\$2399 per person based  
on double**

**\$425 single supplement**

## **DETAILS:**

- Fly into St George, Utah and enjoy the free transfer provided by the resort.
- Fly into Las Vegas and transfer on your own via rental car or shuttle service.
- St George is on Mountain Time.
- Dinner is included on arrival night.
- Breakfast and lunch are included on departure day.
- A gratuity of 15% will be added to all spa, wellness, bar, canyon counter and one-on-one services.



## **DETAILS:**

Itinerary subject to change without notice. No refunds for unused activities. A \$300 nonrefundable deposit reserves your space. All participants must be in good health and willing to follow any COVID protocols in place at the time. Closed toe shoes must be worn for walks and hikes. Final payment due January 31, 2025. Credit card payments incur a 3.5% fee. Payments accepted by check, Venmo, and Zelle.

**CALL 503-227-7220 OR EMAIL [INFO@YUGOGIRLSTRAVEL.COM](mailto:INFO@YUGOGIRLSTRAVEL.COM)**